

# Could your urinary symptoms be caused by BPH?

Answer these simple questions and share them with your doctor.

## American Urological Association (AUA) Symptom Index for BPH \*MEN OVER 40 PLEASE FILL OUT\*

	0	1	2	3	4	5
<b>1. INCOMPLETE EMPTYING</b> Over the last month, how often have you had a sensation of not emptying your bladder completely after you finished urinating?	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
<b>2. FREQUENCY</b> During the last month, how often have you had to urinate again less than 2 hours after you finished urinating?	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
<b>3. INTERMITTENCY</b> During the last month, how often have you stopped and started again several times when you urinated?	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
<b>4. URGENCY</b> During the last month, how often have you found it difficult to postpone urination?	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
<b>5. WEAK STREAM</b> During the last month, how often have you had a weak urinary stream?	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
<b>6. STRAINING</b> During the last month, how often have you had to push or strain to begin urination?	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
<b>7. NOCTURIA</b> During the last month, how many times did you most typically get up to urinate from the time you went to bed at night until the time you got up in the morning?	Never	1 time a night	2 times a night	3 times a night	4 times a night	5 times or more a night

**Now add up your Symptom Score (1-7 = Mild, 8-19 = Moderate, 20-35 = Severe):**

Name and date:

Adapted from American Urological Association. *Guideline on the Management of Benign Prostatic Hyperplasia (BPH)*. Linthicum, Md: American Urological Association Education and Research, Inc; 2003:1-22,1-23,3-51.

### The Disease Specific Quality of Life Question

The International Prostate Symptom Score uses the same 7 questions as the AUA Symptom Index (presented above) with the addition of the following Disease Specific Quality of Life Question (bother score) scored on a scale from 0 to 6 points (delighted to terrible).

If you were to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?

Delighted    Pleased    Mostly satisfied    Mixed    Mostly disappointed    Unhappy    Terrible

Only your doctor can tell if your symptoms are due to BPH and not another condition such as prostate cancer. Common side effects of FLOMAX are runny nose, dizziness and decrease in semen. A sudden decrease in blood pressure may occur upon standing, rarely resulting in fainting. So when starting FLOMAX, avoid situations where injury could result. If you are considering cataract surgery, tell your eye surgeon you have taken FLOMAX capsules.

Please see Patient Information and full Prescribing Information on last pages of pad.

**FLOMAX**<sup>®</sup>  
TAMSULOSIN HCl CAPSULES 0.4 MG